



**LICHFIELD**  
CATHEDRAL

# **THE HOLY EUCHARIST**

## **ON WEEKDAYS IN**

# **ORDINARY TIME**

Lichfield Cathedral is called to live and proclaim the transforming love of God. Through the fullness of its life in the Spirit, it seeks to be a sign of the friendship and freedom that God in Jesus Christ has given the whole world to enjoy.

## ***Spiritual Communion***

*We know that for many people seeing and knowing that the celebration of the Eucharist continues is a huge source of assurance and encouragement, but it also throws into focus the pain of separation that is also felt as you see the priest take the bread and wine. People quite properly have asked what they can do and what is permissible in these circumstances.*

*The Church of England is encouraging the practice of Spiritual Communion. Essentially it provides for you a way of spiritually taking your communion. This principle is incorporated into this service today at the point of the distribution of the Holy Communion.*

*The reasoning behind this is found in the 1662 Book of Common Prayer. The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. It is a way of taking our communion when, as at this time, we are prevented from doing so.*

*The prayer is an adapted form of a prayer by St Richard of Chichester.*

*We do hope that you can feel as totally included in this celebration of the Eucharist as is possible at this time.*

*Our worship will continue during this coming week with our regular services:*

### *Daily*

0800	Morning Prayer	Facebook
1230	The Holy Eucharist	Facebook
1730	Evening Prayer	Facebook*

### *Next Sunday*

0800	The Holy Eucharist (Trad. Language)	Facebook and YouTube
1030	The Holy Eucharist	Facebook and YouTube
1730	Evening Prayer	Facebook

*Do join us, if you, can day by day...*

*Please do join in the section in **bold type***

## THE GATHERING

### THE GREETING

*The President greets the congregation in these or similar words*

In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

The Lord be with you.  
**And also with you.**

*The President introduces the liturgy and invites the congregation to repentance.*

*One of the following is used.*

Lord, have mercy.  
**Lord, have mercy.**  
Christ, have mercy.  
**Christ, have mercy.**  
Lord, have mercy.  
**Lord, have mercy.**

*Or else this prayer*

**Almighty God, our heavenly Father,  
we have sinned against you and against our neighbour  
in thought and word and deed, through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us, forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name. Amen.**

*or*

**Most merciful God, Father of our Lord Jesus Christ,  
we confess that we have sinned in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are, and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God. Amen.**

*The President pronounces the absolution and all respond **Amen.***

## **GLORIA IN EXCELSIS DEO**

*On Feast Days and Solemnities*

Glory to God in the highest,  
**and peace to his people on earth.**  
**Lord God, heavenly King,**  
**almighty God and Father,**  
**we worship you, we give you thanks,**  
**we praise you for your glory.**  
**Lord Jesus Christ, only Son of the Father,**  
**Lord God, Lamb of God,**  
**you take away the sin of the world:**  
**have mercy on us;**  
**you are seated at the right hand of the Father:**  
**receive our prayer.**  
**For you alone are the Holy One,**  
**you alone are the Lord,**  
**you alone are the Most High, Jesus Christ,**  
**with the Holy Spirit,**  
**in the glory of God the Father. Amen.**

## **THE COLLECT**

*The President says, Let us pray.*  
*At the end, all respond, **Amen.***

## **THE LITURGY OF THE WORD**

*There is usually one reading from Scripture.*

This is the Word of the Lord.  
**Thanks be to God.**

## GOSPEL READING

Alleluia, **alleluia.**

*A sentence of scripture is said, and all repeat*

**Alleluia.**

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to *N.*

**Glory to you, O Lord.**

*After the Gospel is proclaimed*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## HOMILY

## PRAYERS OF THE PEOPLE

*One of these responses may be used*

Lord, in your mercy,  
**hear our prayer.**

Let us pray to the Lord.  
**Lord, have mercy.**

Lord, hear us.  
**Lord, graciously hear us.**

Hear us.  
**Hear us, good Lord.**

*At the end*

Merciful Father,  
**accept these prayers for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

# THE LITURGY OF THE SACRAMENT

## THE PEACE

The peace of the Lord be always with you.  
**And also with you.**

## PREPARATION OF THE TABLE

*The altar table is prepared.*

## TAKING OF THE BREAD AND WINE

*The gifts of bread and wine are prepared on the altar.*

*The following or similar prayers may be said*

Blessed are you, Lord God of all creation:  
through your goodness we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

**Blessed be God for ever.**

*There may follow the Prayer over the Gifts, to which all respond **Amen.***

## THE EUCHARISTIC PRAYER

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

*The President praises God for his mighty acts and all respond*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The President recalls the Last Supper. One of these acclamations is used*

Praise to you, Lord Jesus:  
**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

Christ is the bread of life:  
**When we eat this bread and drink this cup,  
we proclaim your death,  
Lord Jesus, until you come in glory.**

Jesus Christ is Lord:  
**Lord, by your cross and resurrection,  
you have set us free.  
You are the Saviour of the world.**

Great is the mystery of faith:  
**Christ has died:  
Christ is risen:  
Christ will come again.**

*The Prayer continues and leads into the doxology,  
to which all respond boldly **Amen.***

*Some Eucharistic Prayers end*

... in songs of everlasting praise:  
**Blessing and honour and glory and power  
be yours for ever and ever. Amen.**

## THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come; thy will be done; on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil.  
For thine is the kingdom, the power, and the glory,  
for ever and ever. Amen.**

## BREAKING OF THE BREAD

*The President breaks the consecrated bread, saying*

**We break this bread to share in the body of Christ.  
Though we are many, we are one body,  
because we all share in one bread.**

*or*

**Every time we eat this bread and drink this cup,  
we proclaim the Lord's death until he comes.**

*One of the following anthems may be used*

**Lamb of God, you take away the sin of the world,  
have mercy on us.  
Lamb of God, you take away the sin of the world,  
have mercy on us.  
Lamb of God, you take away the sin of the world,  
grant us peace.**

*or*

**Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us peace.**

## **GIVING OF COMMUNION**

God's holy gifts for God's holy people.  
**Jesus Christ is holy, Jesus Christ is Lord,  
to the glory of God the Father.**

*or*

Jesus is the Lamb of God who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*or*

Christ is the true bread which has come down from heaven.  
**Lord, give us this bread always.**

## **SPIRITUAL COMMUNION**

*The president says,*

I invite you to open your hands as a sign of your openness to receiving God's grace as we pray together:

**Thanks be to you, Lord Jesus Christ,  
for all the benefits you have given me,  
for all the pains and insults you have borne for me.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly,  
and follow you more nearly, day by day. Amen.**

## **PRAYER AFTER COMMUNION**

*One of the following prayers may be substituted*

**Almighty God, we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory. Amen.**

or

**You have opened to us the Scriptures, O Christ,  
and you have made yourself known in the breaking of the bread.  
Abide with us, we pray, that, blessed by your royal presence,  
we may walk with you all the days of our life,  
and at its end behold you in the glory of the eternal Trinity,  
one God for ever and ever. Amen.**

or

**Father of all, we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

## **THE BLESSING AND DISMISSAL**

The Lord be with you.  
**And also with you.**

*The President pronounces the blessing*

Go in the peace of Christ.  
**Thanks be to God.**

or

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**